

**Off - Season Wrestling Events
For Youth through Open - Remember,
“Summer Wrestling Makes
Winter Champions!”**

Update February 13, 2010

The attached chart is maintained to help our wrestlers plan their year round wrestling calendars. It is updated as events are found or revised. If you would like to be added to the distribution list, email Gary Rissler at grissler@hvc.rr.com. If you have information on tournaments that you would like to spread the word, let me know also.



Travel time is approximated from Goshen, NY (Lower Hudson Valley)

Date	Location	Travel time	Weigh-ins	Ages	Styles	Cost	Special Information	Prizes
Standard Tournament – Includes Most Age Groups								
Youth Tournament – Does Not Include HS Age or Older								
High School Tournament – May Include College or Open Age Groups								
Open, Seniors and Masters								
Camp or Clinic								
Girls								
Week of February 15 – 21, 2010								
2/20/10	Minisink Valley Middle School, Slate Hill, NY	20 min	7-8:30 AM	Grade: 3 rd and under, 4 th and 5 th & 6 th – 8 th (no varsity experience)	Folk	Reg= \$20	Joshua H. Allen Memorial MV Youth Wrestling Tournament – contact Don Gallo 845-697-5080 dgallo@minisink.com	3 awards
2/20/10	Bainbridge-Guilford HS, Bainbridge, NY	2 hrs	8:30 – 9 AM (must check in by 8 AM)	Age: 6 and under, 7-8, 9-10, 11-12, & 13-14	Folk	Reg= \$18	BGA Youth Wrestling Tournament – 6 Man Round Robin	F
2/21/10 Sunday	Stewartville Middle School, Stewartville, NJ	1 ½ + hrs	7-9 Am	Age: 7 & under, 8-9 & 10-12	Folk	Reg= \$20/\$25	2010 Greenwich Grizzly, 1 st Annual Matthew N. Hurte Memorial Novice Wrestling Tournament – Jeff Oswald 908-454-8565 or theoswalds@verizon.net	3 awards
Week of February 22 – 28, 2010								
2/28/10 Sunday	Central Regional HS, Bayville, NJ	2 ½ hrs	Wed 6-8 PM – Call for Satellite	Born: 02-04, 01-02, 99-00, 97-98 & 95-96.	Folk	Reg= \$20/\$25	Annual Berkeley Bash – Lou Vadino 732-269-8803 stlou@comcast.net	3 trophies
Week of March 1 – 7, 2010								
3/5//10 – 3/7/10	Union-Endicott HS, Endicott, NY	2 ½ hrs	Intermediate & Novice = Fri 4-8 PM Bantam & Schoolboy Sat 3-6 PM	Born: 2002-2003, 2000-2001, 1998-1999 & 1996-1997.	Folk	Reg= \$35	2010 NYS USAW Kid's State Folkstyle Championships – contact Scott Green 607-624-2665 sgreen2@stny.rr.com	???
3/13/10	Niskayuna HS, Niskayuna, NY	2+ hrs	7:30-9 AM	Grades: 7-12	Folk	Reg= \$20	Journeymen 11 th Annual Folkstyle Wrestling Challenge – contact Frank Popolizio 518-374-3901 or frankiepesce@hotmail.com	3 awards
3/5/10 – 3/7/10	Canastota HS, Canastota, NY	3 ½+ hrs	3/5 - 7:30-8 PM & 3/6 7:30 – 8 AM Freestyle 5:30 PM GR and 3/7 – 8-8:30 AM GR	USAW Divisions: Intermediate, Novice, Schoolboy/girl, Cadet, Jr. Boys & Jr. Girls, Men's open and Women's open	Freestyle and Greco-Roman	\$15 per style	Mohawk Valley Wrestling Club 28 th Annual Anniversary International Festival – contact Don McGee 315-633-8207 saltcitym@aol.com	6 awards

Date	Location	Travel time	Weigh-ins	Ages	Styles	Cost	Special Information	Prizes
Week of March 8 – 14, 2010								
3/13/10 – 3/14/10	Niagara County Community College – Sanborn, NY	6 hrs	Fri= 6:30 – 8 PM Sat= 7:30-8 AM (FS) Sun= 8-8:30 AM (GR)	USAW Divisions: Schoolboy/girl, Cadet, Junior, Men's Open and Women's open	FS & GR USA Card req'd.	Reg= \$15 per style	NY Super Six Wrestling Club 19th Annual NYSS Guys Finish First Wrestling Festival – contact 716-614- 6813 or bjcooper@mtb.com	3 medals
Week of March 15 – 21, 2010								
3/20/10	Lake Lehman HS, Lehman, PA	2 hrs	See web site	Born: 2001 or after, 99-2000, 97-98, 95- 96, 93-94, 91-92 & before 1991 (open)	Folk	See appl on MAWA web site	MAWA District Qualifier for Eastern Nationals in Salisbury, MD www.mawawrestling.com	Top 4 advance
3/20/10	Burnt Hill HS, Burnt Hills, NY	2 ½ hrs	Fri = 6:30-7:30 PM Sat= 7- 8:30 AM	Age: 5-6, 7-8, 9-10, 11-12 & 13-14 (No Varsity)	Folk	Reg= \$20	30th Annual Burnt Hills Junior Spartan Youth Wrestling Tournament – Michael or Nigar Hale – 518-399-4846 mhale@nycap.rr.com	4 Trophies
3/20/10	Carmel HS, Carmel, NY	1 hr	Ck in by age starting at 7 Am – Call about Satellite	Born: 04-05, 02-03, 00-01, 98-99 & 96-97	Folk	Reg= \$25 – Must register on-line – USAW Card Req'd	Carmel Rams Youth Wrestling USAW Kid's States Qualifier – register at http://register.section1youthwrestlin g.com - contact Gerald D'Ambrosio 845-225-7059 gerrydambrosio@gmail.com	3 awards
Week of March 22 – 28, 2010								
3/27/10	Brewster HS, Brewster, NY	1 hr	Ck in by age starting at 7 AM – Call about Satellite	Born: 04-05, 02-03, 00-01, 98-99 & 96-97	Folk	Reg= \$25 – Must register on-line – USAW Card Req'd	Brewster Rams Round Robin Youth Wrestling Tournament – register at http://register.section1youthwrestlin g.com - contact Jack Duncan 646- 739-2061 or duncanj@coned.com	3 awards
3/28/10 Sunday	Mahopac HS, Mahopac, NY	1 hr	Ck in by age starting at 7 AM – Call about Satellite	Born: 04-05, 02-03, 00-01, 98-99 & 96-97	Folk	Reg= \$25 – Must register on-line – USAW Card Req'd	Mahopac Round Robin Youth Wrestling Tournament – register at http://register.section1youthwrestlin g.com - contact Juan Torres 914- 830-2489 or coachjtorres@aol.com	3 awards
3/28/10 Sunday	Warren Hills Regional HS, Washington, NJ	1 ¾ hrs	Sat = 6-8 PM Sun= 7-8 AM	Age: 6 & under, 7-8, 9-10, 11-12 & 13-14	Folk	Reg= \$25/\$30	2010 Lightning Bolt Classic – contact Ron Nauta 908-684-8853 or ronnauta@warrenhillswrestling.info	3 awards

Date	Location	Travel time	Weigh-ins	Ages	Styles	Cost	Special Information	Prizes
3/28/10 Sunday	Johnson City Middle School, Johnson City, NY	2 hrs	See web site	Born: 2002 or after, 2000-2001, 98-99, 96-97, 94-95, 92-93 & before 1992 (open)	Folk	See appl on MAWA web site	MAWA District Qualifier for Northern Regional in Shamokin to be held 4/2/10 – 4/3/10 www.mawawrestling.com	Top 3 advance to Region
3/27/10	Mt Anthony Union HS, Bennington, VT	2 ½ hrs	Sat 7-9 AM & 11-12 by division	Age: 6 & under, 7-8, 9-10, 11-12 & 13-15 – No JV or Varsity wrestlers please	Folk	Reg= \$20	Bennington Youth NE Wrestling Challenge –Qualifier for Gene Mills Eastern Nationals and Ohio Tournament of Champions - Jeff Whitesell 802-442-3337 warp57jj@hotmail.com	4 trophies
3/24/10 – 3/26/10	Virginia Beach Convention Center, Virginia Beach, VA	10+ hrs	See web site for complete schedule	High School Freshman, Sophomore and Junior Divisions	Folk	\$45	NHSCA High School National Championships – www.nhsca.com for more information	8 awards (National all Americans)
3/24/10 – 3/26/10	Virginia Beach Convention Center, Virginia Beach, VA	10+ hrs	See web site for complete schedule	Middle School	Folk	\$45	NHSCA Middle School National Championships – www.nhsca.com for more information	8 awards (National all Americans)
3/25/10 – 3/28/10	Virginia Beach Convention Center, Virginia Beach, VA	10+ hrs	See web site for complete schedule	High School Seniors	Folk	\$45	NHSCA High School National Championships – www.nhsca.com for more information	8 awards (National all Americans)
Week of March 29 - April 4, 2010								
4/2/2010 – 4/3/2010	Wildwoods Convention Center, Wildwood, NJ	3 ½+ hrs	Thu 5-9 PM	Born: 2001 or after, 99-2000, 97-98, 95-96 (incl HS 1995), and HS	Folk	Reg= \$55	7th Annual “War at the South Jersey Shore” National Folkstyle Wrestling Championships	6 awards
4/2/10- 4/3/10	Shamokin HS, Coal Township, PA	-3 hrs	See web site	Born: 2002 or after, 2000-2001, 98-99, 96-97, 94-95, 92-93 & before 1992 (open)	Folk	See appl on MAWA web site	MAWA North Region Championship (National Qualifier) – Must have qualified at one of the Northern District Qualifiers.	???
Week of April 5 – 11, 2010								
4/9/10 – 4/11/10	Univ of Akron Field House, Akron, OH	7 hrs	1 st reg start 4/8/10 at 6 PM (see web site)	USAW Ages; Cadets born 1993 – 1995 Univ Men & Women – born 1986 – 1992	FS & GR USA Card req'd.	Reg= \$??	FILA Cadet and University National Championships – find more under nat'l events www.themat.com	??
Week of April 12 – 18, 2010								
4/17/10 – 4/18/10	Bethlehem Liberty HS, Bethlehem, PA	2 hrs	See web site	Born: 2002 or after, 2000-2001, 98-99, 96-97, 94-95, 92-93 & before 1992 (open)	Folk	See appl on MAWA web site	MAWA East Regional Championship (National Qualifier) – Must have qualified at one of the Eastern District Qualifier.	???
Week of April 19 – 25, 2010								

Date	Location	Travel time	Weigh-ins	Ages	Styles	Cost	Special Information	Prizes
4/22/10 – 4/24/10	Wolstein Ctr., Cleveland State Univ., Cleveland, OH	-7 ½ hrs	1 st reg start 4/22/10 at 2 PM (see web site)	USAW Ages: Men & Women – born before 1990 and Junior men	FS & GR USA Card req'd.	Reg= \$\$\$	FILA Junior and Senior (Open) National Championships – find more under nat'l events www.themat.com	??
Week of April 26 - May 2, 2010								
4/30/10 – 5/1/10	Tuttle North Gym, SUNY Brockport, Brockport, NY	5 hrs	Varies by division and style see web site	Juniors (born 9/1/90 and after + enrolled in 9 th – 12 th) Senior (1990 or before)	Folk, FS & GR USA Card req'd.	Reg= \$25 + \$15 for folk	Northeast Regional Junior and Senior Championships – contact Don Murray dmurray@brockport.edu www.themat.com	4 for Jr & 3 for Sr (3 Jrs advance to Nat'l in Fargo, ND)
5/1/10	Greater Baldwinsville Ice Arena, Baldwinsville, NY	3 ½ hrs	Fri= 4:30 – 9 PM Sat= 7:30 – 8:30 AM	Born: 2002 or after, 2000-2001, 1998- 1999, 1995-1997, & 1990 – 1994	Folk	Reg= \$\$\$	9th Annual Gene Mills Eastern National Wrestling Tournament – Contact George Burkinshaw – (315) 689-6645 or gburkin@twcny.rr.com or www.cnywin2win.com	???
Week of May 3 - 9, 2010								
Week of May 10 - 16, 2010								
5/16/10	Dundalk Sr. HS, Dundalk, MD	4 hrs	Sat = 11-4 Sun= 7-8 & 10- 12 by division	Grades: 2 nd and under, 3-5, 6-8 & 9- 12.	Folk	Reg= \$30/\$35	3rd Annual May Mat Madness Open – contact Joe Doetsch 410-284-8173 or doetschmonsters@doetschdiversity.com	3 awards
Week of May 17 – 23, 2010								
Week of May 24 – 30, 2010								
5/28/10 – 5/30/10	Virginia Beach Convention Center, Virginia Beach, VA	10+ hrs	See web site for complete schedule	Grades: 4-6, 6-8 and 9-12	Folk	\$700 / team	NHSCA High School, Middle School and Elementary National Championships – www.nhsca.com for more information	8 awards (National all Americans)
Week of May 31 - June 6, 2010								
6/4/10 – 6/6/10	Broome Community College, Binghamton, NY	2 hrs	Fri= 4-5 PM Sat= 7-8 AM	USAW Divisions: Intermediate, Novice, Schoolboy/girl, Cadet, Jr. Boys & Jr. Girls	Folkstyle, FS & GR USA Card req'd.	Reg= \$35 (1 style) / \$50 (2 styles)	Northeast Regional Kids and Cadets Championships and Junior & Women's Festival – contact Rico Lomastro alomas822@aol.com	4 Cadets advance to Nat'l in Fargo, ND
Week of June 7 – 13, 2010								
6/12/10	Monroe Township Rec Ctr, Monroe Township, NJ	-2 hrs	Thu 7-9 PM Sat – 7-8 AM 6 th grade and less, 10-11 AM older	Grades: K & under, 1 st -2 nd , 3 rd -4 th , 5 th – 6 th , 7 th – 8 th & 9 th – 12 th .	Folk	Reg= \$20 (no walk- ins) Adm= \$3- \$2	5th Annual Falcon Free For All – Contact Gary Park garypark@aol.com or Gary Freedman 732-586-0538.	3 medals
6/10/10 – 6/11/10	Ontario Beach Park, Rochester, NY	4 ½ hrs	Fri = 7-9 PM Sat= 8-10 AM	USAW Divisions; Schoolboy/girl, Cadet, Junior, Sr. Men, Sr. Women & Veterans	Beach	Reg: \$20 Must have USAW Card	Beach USAW National Championships – contact Lou Lombardo 581-313-8503 or lombardolj@corning.com	3 awards

Date	Location	Travel time	Weigh-ins	Ages	Styles	Cost	Special Information	Prizes
Week of June 14– 20, 2010								
Week of June 21– 27, 2010								
6/21/10 – 6/25/10	Stevens Institute of Technology, Hoboken, NJ	1 hr	NA	Ages: 11 and under	All	\$325 commuter only	Stevens Institute Youth/Beginner Wrestling Camp with Mike Clayton – 201-216-8090 or mclayton@stevens.edu	NA
Week of June 28 – July 4, 2010								
July 2010 TBD	Washingtonville HS, Washingtonville NY	10 min	NA	Novice through intensive	All	TBD	Washingtonville Wrestling Club Camp – World class clinicians and counselors. Contact Gary Rissler grissler@hvc.rr.com or 845-978-3344	NA
Week of July 5 – 11, 2010								
7/10/10 – 7/14/10	Stevens Institute of Technology, Hoboken, NJ	1 hr	NA	Ages: all ages	All	\$515 commuter \$630 residence	Stevens Institute Technique Wrestling Camp with Mike Clayton – 201-216-8090 or mclayton@stevens.edu	NA
7/10/10 – 7/16/10	Stevens Institute of Technology, Hoboken, NJ	1 hr	NA	Ages: 12 and up	All	\$695 residence only	Stevens Institute Intensive Wrestling Camp with Mike Clayton – 201-216-8090 or mclayton@stevens.edu	NA
7/6/10 – 7/10/10	West Point Military Academy	45 min.	NA	Ages: 13 & up with hard work ethic	All	\$490 residence only	2007 Army Wrestling “Ranger Intensive” Camp – more at www.goarmysports.com	NA
Week of July 12 – 18, 2010								
7/18/10 – 7/22/10	West Point Military Academy	45 min.	NA	Ages: 13 & up	All	\$460 commuter \$495 residence	2007 Army Wrestling “Technique” Camp – more at www.goarmysports.com	NA
7/18/10 – 7/22/10	West Point Military Academy	45 min.	NA	Ages: 9 – 12	All	\$460 commuter \$495 residence	2007 Army Wrestling “Kids” Camp – more at www.goarmysports.com	NA
Week of July 19 – 25, 2010								
7/18/10 – 7/24/10	Fargo Dome, Fargo, ND	NA	Starting 7/17/10	USAW Divisions: Cadet, Jr. Boys & Jr. Girls	FS & GR USA Card req’d.	Package	Cadet / Junior National Championships – www.themat.com	8 Nat’l All Americans
Week of July 26 - August 1, 2010								

Mat Clubs and Practice Opportunities

Start Date	Location	Primary Days	Time	Alternate Days	Ages / Experience level	Special Required	Cost	Contact Information
Estimated 4/6/08 – TBD	Washingtonville High School, Washingtonville, NY	Tue & Thu	7 – 8:30 PM	Alt days may be used for makeup days	All ages through HS seniors		TBD	Email Gary Rissler grissler@hvc.rr.com or 845- 978-3344
Continual	Newburg Free Academy (NFA), Newburgh, NY	Thur	TBD	NA	Modified – HS level “Open Mat”		?	Contact Jeff Culty jeffculty@hvc.rr.com